

Real PE - Foundation Stage (Early Years and Reception) Curriculum Map

<u>Term</u>	<u>Unit Focus</u>	<u>Weeks</u>	<u>FUNS Station</u>	<u>Learning Focus</u>	<u>Theme</u>
<u>Autumn 1</u>	Personal	1-3	<u>Coordination:</u> Footwork 10	<ul style="list-style-type: none"> - I enjoy working on simple tasks with help. - I can follow instructions and practise safely. - I can work on simple tasks by myself. 	The Birthday Bike Surprise
		4-6	<u>Static Balance:</u> One Leg 1		Pirate Pranks
<u>Autumn 2</u>	Social	7-9	<u>Dynamic Balance:</u> Jumping and Landing 6	- I can play with others and take turns and share with help.	Journey to the Blue Planet

		10-12	<u>Static Balance:</u> Seated 2	- I can work sensibly with others, taking turns and sharing.	Monkey Business
<u>Spring 1</u>	Cognitive	13-15	<u>Dynamic Balance:</u> On a line 5	- I can follow simple instructions. - I can understand and follow simple rules.	Tilly the Train's Big Day
		16-18	<u>Static Balance:</u> Stance 4	- I can name some things that I am good at.	Thembi Walks the Tightrope
<u>Spring 2</u>	Creative	19-21	<u>Coordination:</u> Ball Skills 9	- I can observe and copy others. - I can explore and describe different movements.	Clowning Around
		22-24	<u>Counter Balance:</u> With a Partner 7		Wendy's Water Ski Challenge

<u>Summer 1</u>	Physical	25-27	<u>Coordination:</u> Sending and Receiving 8	- I can move confidently in different ways. -I can perform a single skill or movement with some control.	John and Jasmine Learn to Juggle
		28-30	<u>Agility:</u> Reaction/Response 12	- I can perform a small range of skills and link two movements together.	Ringo to the Rescue
<u>Summer 2</u>	Health and Fitness	31-33	<u>Agility:</u> Ball Chasing 11	- I am aware of the changes to the way I feel when I exercise.	Sammy Squirrel and his Rolling Nuts
		34-36	<u>Static Balance:</u> Floor Work 3	- I am aware of why exercise is important for good health.	Caspar the Very Clever Cat