

Real PE - Space Base (Y1/Y2) Curriculum Map

<u>Term</u>	<u>Unit Focus</u>	<u>Weeks</u>	<u>FUNS Station</u>	<u>Learning Focus</u>	<u>Theme</u>
<u>Autumn 1</u>	Personal	1-3	<u>Coordination:</u> Footwork 10	<u>Level 1</u> - I can work on simple tasks by myself. - I can follow simple instructions and practise safely.	The Birthday Bike Surprise
		4-6	<u>Static Balance:</u> One Leg 1	<u>Level 2</u> - I try several times if at first I don't succeed. - I ask for help when appropriate.	Pirate Pranks
				<u>Level 3</u> - I have begun to challenge myself. - I know where I am with my learning.	

<u>Autumn 2</u>	Social	7-9	<u>Dynamic Balance:</u> Jumping and Landing 6	<u>Level 1</u> - I can work sensibly with others, taking turns and sharing. <u>Level 2</u> - I can help, praise and encourage others in their learning. <u>Level 3</u> - I am happy to show and tell others about my ideas. - I show patience and support others, listening carefully to them about out work.	Journey to the Blue Planet
		10-12	<u>Static Balance:</u> Seated 2		Monkey Business

<u>Spring 1</u>	Cognitive	13-15	<u>Dynamic Balance:</u> On a line 5	<u>Level 1</u> - I can name some things I am good at. - I can understand and follow simple rules. <u>Level 2</u> - I can begin to order instructions, movements and skills. - I can explain why someone is working and performing well.	Tilly the Train's Big Day
		16-18	<u>Static Balance:</u> Stance 4	- With help, I can recognise similarities and differences in performance. <u>Level 3</u> - I can explain what I am doing well and I have begun to identify areas for improvement.	Thembi Walks the Tightrope

<u>Spring 2</u>	Creative	19-21	<u>Coordination:</u> Ball Skills 9	<u>Level 1</u> - I can explore and describe different movements. <u>Level 2</u> - I can select and link movements together to fit a theme. - I can begin to compare my movements together to fit a theme.	Clowning Around
		22-24	<u>Counter Balance:</u> With a Partner 7	<u>Level 3</u> - I can recognise similarities and differences in movements and expression. - I can make up my own rules and versions of activities. - I can respond differently to a variety of tasks.	Wendy's Water Ski Challenge

<u>Summer 1</u>	Physical	25-27	<u>Coordination:</u> Sending and Receiving 8	<u>Level 1</u> - I can perform a small range of skills and link two movements together. - I can perform a single skill of movement with some control. <u>Level 2</u> I can perform a sequence of movements with some changes in level, direction or speed. - I can perform a range of skills with some control consistently.	John and Jasmine Learn to Juggle
		28-30	<u>Agility:</u> Reaction/Response 12	<u>Level 3</u> - I can perform and repeat longer sequences with clear shapes and controlled movement. - I can select and apply a range of skills with good control and consistency.	Ringo to the Rescue

<u>Summer 2</u>	Health and Fitness	31-33	<u>Agility:</u> Ball Chasing 11	<u>Level 1</u> I am aware of why exercise is important for good health. <u>Level 2</u> - I use equipment appropriately and move and land safely. - I can say how my body feels before, during and after exercise.	Sammy Squirrel and his Rolling Nuts
		34-36	<u>Static Balance:</u> Floor Work 3	<u>Level 3</u> - I can explain why we need to warm-up and cool down. - I can describe how and why my body changes during and after exercise.	Caspar the Very Clever Cat